



ALWEH CELEBRATE LIFE NOW



# ALWEH COUNSELING CONSULTING WELLNESS GROUP, INC

## CAPABILITIES STATEMENT

ALWEH is a nonprofit organization that enables noninsured and underinsured patients to receive free therapy through our voucher donations and copay/deductible assistance programs.

## Services Offered:

### Individual Coaching & Counseling

At ALWEH, we provide one-on-one coaching and counseling services for trauma and PTSD, depression, anxiety disorders, career counseling, domestic violence, and more!

### Anger Management Classes

Our Anger Management Classes provide a safe and supportive environment. Our experienced therapist uses evidence-based techniques to help you manage your anger and improve your relationships.

### Workshops

We offer a diverse range of workshops designed to help you improve your communication and other valuable skills.

### Professional Development

Our non-profit provides a range of professional development resources to women of color. Our program is designed to empower women to grow and succeed professionally.

## NAICS:

- 813212 - Voluntary Health Organization
- 621330 - Offices of Mental Health Practitioners
- 813410 - Civic and Social Organizations